

October Classic 5k, 10k and Elementary School Relays and Fun Run

SAVE THIS DATE! OCTOBER 24, 2009

This year's October Classic 5k and 10K takes place on October 24th at Nordhoff High School. We are incorporating a **kids 3k fun-run** for elementary age children in the Ojai Valley. Ojai's own, Christen Roper, Certified Personal Trainer and former professional women's basketball player, is sharing her expertise and enthusiasm for health and fitness by leading the pre-run kids warm-up activities as well as leading the pack on the 3k with her engaging and encouraging spirit!

We look forward to you joining with elementary school students from all over the valley to take part in this community wide event. The first 25 students to register on-line at www.octoberclassic.org for the fun-run will receive October Classic T-shirts; all participants will be awarded participation medals. A \$10 donation is suggested for fun-run participants – all proceeds benefit the Ojai Valley Community Hospital. Late registration is available starting at 8:00am the morning of the event. Please contact Chris Rock at the Ojai Valley Community Hospital Foundation at 640-2317 for additional information.

See you at the fun-run,

Dr. Robert A. Skankey MD

Kari Rodems, Co-Chair

Saturday, October 24, 2009 ~ Registration: 8:00am ~ Warm-up Activities: 8:30 ~ 3k Run: 9:15am

Suggested Donation \$10 to OVCHF

Participant's name _____

School _____ Grade/Age _____ / _____

T-Shirt Size: Child Small () Child Medium () Child Large ()

LIABILITY WAIVER (must be signed): In consideration of your acceptance of my entry, I the undersigned, intending to be legally bound hereby, for myself, my heirs, executors, administrators and assigns waive and release any and all rights and claims for damages I may have against the City of Ojai and the Ojai Valley Community Hospital Foundation (and any affiliate entity thereof). I have read and understood everything written above.

Entrant's Signature _____

Parent/Guardian Signature _____ **Date:** _____

Ojai Valley Community Hospital Foundation is a 501(c)(3)tax-exempt organization. Tax I.D. # 20-1982135

Mail in Registration by October 20th to:
Ojai Valley Community Hospital Foundation
1301 Maricopa Hwy. Suite A
Ojai, CA 93023
www.octoberclassic.org

You may also register on-site the day of the race.
A parent or guardian must accompany all minors.